



2022-2023 SUMMER PRACTICE SCHEDULE

TIME	MONDAY	COACHES
5:00-6:30	Tiny 1 Baby Beauties	Gabbie & Nadia
5:00-6:30	Tiny 1 Boss Babies	Haley & Lauryn
6:30-8:00	Youth 1 Encore	Hanna & Haley
6:30-8:00	Youth 1 Evolution	Gabbie & Kristi
8:00-9:30	Junior 2 Empress	Haley & Nadia
8:00-9:30	Senior 3 Ms. Mafia	Kara & tina

TIME	TUESDAY	COACHES
5:00-6:30	Mini 1 Empire	Tina & Vicki
5:00-6:30	Youth 2 Extra	Coll & Hanna
6:30-8:00	Youth 3 Beast Mode	Faith & Vicki
6:30-8:00	Senior 6 Envy Elite	Katie & Brandie
8:00-9:30	Junior 4/5 Bombsquad	Hanna & Faith
8:00-9:30		

TIME	WEDNESDAY	COACHES
5:00-6:30	Mini 1 Empire	Vicki & Tina
5:00-6:30	Youth 2 Extra	Coll & Hanna
6:30-8:00	Youth 3 Beast Mode	Vicki & Faith
6:30-8:00	Senior 3 Ms. Mafia	Kara & Tina
8:00-9:30	Junior 4/5 Bombsquad	Hanna & Faith
8:00-9:30	Junior 2 Empress	Nadia & Haley

TIME	THURSDAY	COACHES
5:00-6:30	Tiny 1 Baby Beauties	Gabbie & Nadia
5:00-6:30	Tiny 1 Boss Babies	Haley & Lauryn
6:30-8:00	Youth 1 Encore	Hanna & Haley
6:30-8:00	Youth 1 Evolution	Gabbie & Kristi
8:00-9:30	Senior 6 Envy Elite	Katie & Brandie
8:00-9:30		

Mandatory Sunday Practices for each team.

July 17th, 2022			
8:00-10:00	Senior 6 Envy Elite	Youth 3 Beast Mode	Mini 1 Empire
10:00-12:00	Junior 4/5 Bombsquad	Senior 3 Ms. Mafia	Youth 2 Extra
12:00-2:00	Youth 1 Evolution	Junior 2 Empress	Tiny 1 Boss Babies
2:00-4:00	Youth 1 Encore	Tiny 1 Baby Beauties	

August 14th, 2022			
8:00-10:00	Senior 6 Envy Elite	Youth 3 Beast Mode	Mini 1 Empire
10:00-12:00	Junior 4/5 Bombsquad	Senior 3 Ms. Mafia	Youth 2 Extra
12:00-2:00	Youth 1 Evolution	Junior 2 Empress	Tiny 1 Boss Babies
2:00-4:00	Youth 1 Encore	Tiny 1 Baby Beauties	

Practice's start July 5th, 2022!