



2022-2023 FULL YEAR FALL PRACTICE SCHEDULE

Monday's	
5:30-7:30	Mini 1 Empire
5:30-7:30	Tiny Prep Baby Beauties
7:30-9:30	Junior 2 Empress
7:30-9:30	Senior 3 Ms. Mafia

Tuesday's	
5:30PM-7:30PM	Youth 2 Extra
5:30PM-7:30PM	Youth 1 Evolution
7:30PM-9:30PM	Senior 6 Envy Elite
7:30PM-9:30PM	

Wednesday's	
5:30PM-7:30PM	Youth 3 Beast Mode
5:30PM-7:30PM	Youth 1 Prep Encore
7:30PM-9:30PM	Senior 3 Ms. Mafia
7:30PM-9:30PM	Junior 5 Bomb Squad

Thursday's	
5:30PM-7:30PM	Junior 5 Bomb Squad
5:30PM-7:30PM	Tiny Elite Boss Babies
7:30PM-9:30PM	Senior 6 Envy Elite
7:30PM-9:30PM	Junior 2 Empress

Friday's	
5:30PM-7:30PM	
6:30pm-8pm	Extraordinary

Saturday's	
8:00AM-10:00AM	Mini 1 Empire
8:00AM-10:00AM	Youth 2 Extra
10:00AM-12:00PM	Youth 3 Beast Mode
10:00AM-12:00PM	Youth 1 Prep Encore
12:00PM-2:00PM	Youth 1 Evolution
12:00PM-2:00PM	Tiny Elite Boss Babies
2:00PM-4:00PM	Tiny Prep Baby Beauties

Effective September 6th, 2022